

10-Second
PEP TALKS

Humor, Help & Hope
You Won't Find On
Motivational Posters



SPORTS ♦ BUSINESS ♦ LIFE
#10 in the Series

My Favorite Teacher Broke My Nose—Twice!



*The Game Within the Game—
Adversity Is a Surprisingly Good Teacher*

© 2025 Jerry Hocutt, Author

Caught Me Off Guard

10-Second Pep Talk

Humor.



The truth sneaking up on tiptoes.

— *Jerry Hocutt*

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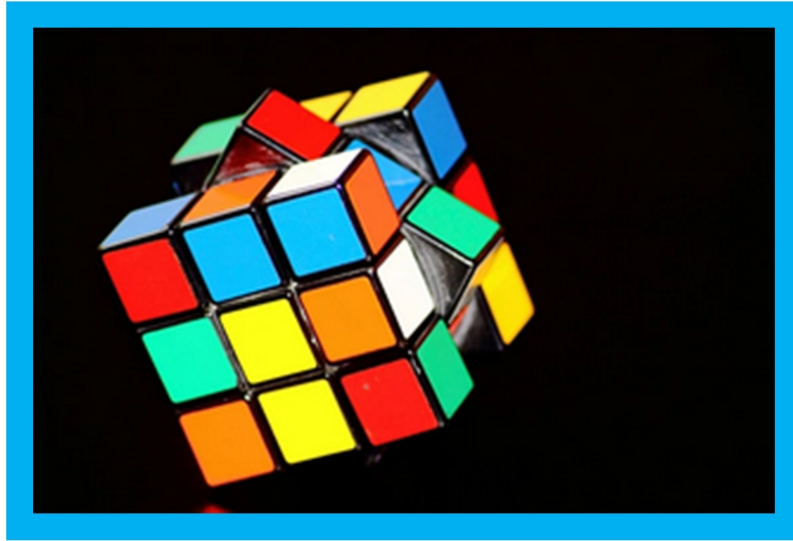


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I've Been Looking for You

10-Second Pep Talk



The answers you're looking for are in the process.

— *Jerry Hocutt*

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Practice's Undisclosed Benefit

10-Second Pep Talk

The well-trained are seen as likable, capable, flexible, relaxed, and spontaneous.

— *Jerry Hocutt*



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What Will Yours Be?

10-Second Pep Talk

Everyone gets a sentence. "Lincoln saved the Union." "Roosevelt won the War."

— *Jon Meacham*



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Hang in There

10-Second Pep Talk



Every artist was first an amateur.

— *Ralph Waldo Emerson*

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Knock, Knock. Who's There?

10-Second Pep Talk



When a new disability arrives I look about to see if death has come, and I call quietly, "Death, is that you? Are you there?" So far the disability has answered, "Don't be silly, it's me."

— *Florida Scott-Maxwell*

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You're on the Team

10-Second Pep Talk

Recruit for attitude, train for skills.

— *General Jim Mattis*



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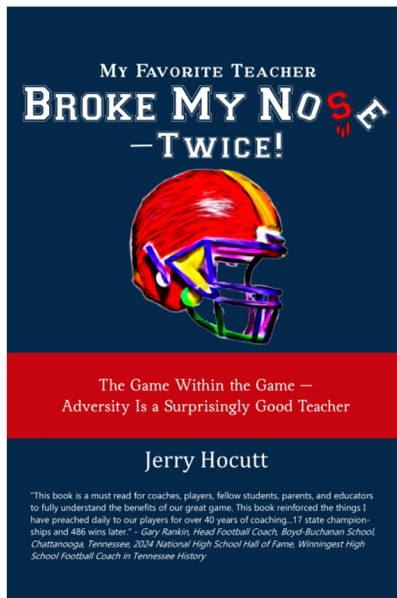


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Through humor, great stories and quotes Jerry has created a book that helps me reflect why I went into the education and coaching profession 40 years ago. — **Ken Potter**, *Jesuit High School, Portland, OR, 4 state championships, winningest high school football coach in Oregon history*

This book is a must read for coaches, players, fellow students, parents, and educators. — **Gary Rankin**, *Boyd-Buchanan School, Chattanooga, TN, 40 years coaching with 17 state championships, winningest high school football coach in Tennessee history*

Outstanding book with tons of stuff related to learning, character development and doing things the right way. — **Jim Roth**, *Southern Columbia High School, Catawissa, PA, 40 years head coach, 14 state titles, Pennsylvania's all-time winningest high school football coach*

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